



DEVYANI JAIPURIA
SPORTS
academy



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SPORTS
A Shikhar Dhawan Initiative

KRISHIV SINGH

TOTAL SCORE: 70/115

Sports Arena : DPS international

Grade : 2B

Sports : Cricket

01 PSYCHOLOGICAL FACTOR

Tasks	Remarks	Rating
Play with confidence	Foundational Understanding	★★
Good decision making	Foundational Understanding	★★
Focused	Competent	★★★
Enthusiastic	Proficient	★★★★★
Committed	Competent	★★★
Disciplined	Competent	★★★



02 Technical Skills

Criteria	Benchmark	Remark	Rating
Grip & Stance	Holds the bat correctly; stands with feet shoulder-width apart	Competent	★★★
Front Foot Shot	Steps forward to meet the ball; head over the ball	Emerging Awareness	★
Back Foot Shot	Transfers weight to back foot; plays with a straight bat	Emerging Awareness	★



Grip & Run-up	Holds the ball with fingers (not palm); smooth run-up	Competent	★ ★ ★
Arm Action	High-arm action; follows through after delivery	Competent	★ ★ ★
Ground Fielding	Bends to pick up the ball; uses both hands	Proficient	★ ★ ★ ★
Catching	Watches the ball into hands; uses fingers to grasp	Competent	★ ★ ★
Stance	Squat position; hands ready to receive	Competent	★ ★ ★



03 Physical Development

Criteria	Benchmark	Remark	Rating
Agility	Navigates simple obstacle course in under 30 seconds	Competent	★ ★ ★
Balance	Stands on one foot for 10 seconds without falling	Proficient	★ ★ ★ ★
Coordination	Bounces a tennis ball and catches it 5 times consecutively	Proficient	★ ★ ★ ★



04 Tactical Awareness

Criteria	Benchmark	Remark	Rating
Basic Rules	Identifies wickets, bails, bat, and ball	Mastery	★ ★ ★ ★ ★
Role Play	Differentiates between a batsman, bowler, and fielder	Mastery	★ ★ ★ ★ ★



05 Mental Skills

Criteria	Benchmark	Remark	Rating
Focus	Listens to instructions for 3 minutes without distraction	Competent	★ ★ ★
Resilience	Tries a task again after initial failure	Foundational Understanding	★ ★



06 Personal Development

Criteria	Benchmark	Remark	Rating
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Teamwork	Collaborates in group tasks/games	Competent	★ ★ ★
Communication	Responds to basic game cues like "Run!" or "Stop!"	Competent	★ ★ ★



Level

Coach Notes

krishiv show good intent during session. he need to learn resilience. physically very active.

Proposed plan for the next three months:

Month 1:

- Focus on improving technical skills through drills and practice sessions.
- Work on building resilience by challenging Krishiv with difficult situations during practice.
- Incorporate physical development exercises to enhance strength and agility.
- Introduce tactical awareness drills to improve decision-making on the field.
- Implement mental skills training to enhance focus and concentration.
- Encourage personal development through goal setting and self-reflection.

Month 2:

- Continue refining technical skills by focusing on specific areas of improvement.
- Provide opportunities for Krishiv to demonstrate resilience in match scenarios.
- Increase intensity of physical development exercises to further enhance overall athleticism.
- Deepen tactical awareness through game simulations and strategic discussions.
- Introduce mental skills exercises to improve Krishiv's confidence and decision-making under pressure.
- Encourage personal growth by fostering a positive mindset and promoting teamwork.

Month 3:

- Focus on fine-tuning technical skills and addressing any remaining areas of weakness.
- Provide challenging situations during practice to test and improve Krishiv's resilience.
- Continue physical development exercises to maintain peak physical condition.
- Enhance tactical awareness through match analysis and strategic planning.
- Implement mental skills training to improve Krishiv's ability to handle pressure situations.
- Encourage personal development through leadership opportunities and mentorship.

