



DEVYANI JAIPURIA  
**SPORTS**  
*academy*



powered by  
**DA ONE**  
**SPORTS**  
A Shikhar Dhawan Initiative

**MANRAAJ SINGH BADHWAR**

**TOTAL SCORE: 74/110**

**Sports Arena :** DPS international

**Grade :** 4B

**Sports :** Football

**01 PSYCHOLOGICAL FACTOR**

Tasks	Remarks	Rating
Play with confidence	Competent	★★★★
Good decision making	Foundational Understanding	★★
Focused	Foundational Understanding	★★
Enthusiastic	Foundational Understanding	★★
Committed	Proficient	★★★★★
Disciplined	Proficient	★★★★★



**02 Technical Skills**

Criteria	Benchmark	Remark	Rating
Ball Control	Can dribble the ball 10m with fewer than 3 stops	Foundational Understanding	★★
Simple Turns	Completes 2 basic turns in 10 seconds without losing ball	Competent	★★★
Short Pass Technique	Successfully passes to a partner 5m away 8 out of 10 times	Competent	★★★



Basic Shot Technique	Hits a stationary ball towards goal 3 out of 5 times	Proficient	★★★★
Ground Balls	Stops a ball passed from 5m away within 1m radius 7 out of 10 times	Proficient	★★★★
Juggling	Successfully juggles the ball 3 consecutive times with feet	Mastery	★★★★★
Basic Turns	Changes direction using a basic turn without stopping 8 out of 10 times	Mastery	★★★★★
Safety	Properly heads a tossed ball (if introduced) 3 out of 5 times	Foundational Understanding	★★



### 03 Physical Attributes

Criteria	Benchmark	Remark	Rating
Balance & Coordination	Completes a 10m zigzag agility run in under 12 seconds	Competent	★★★
Technique	Covers 20m in under 8 seconds with good form	Foundational Understanding	★★
Basic Jumps	Jumps forward a distance of at least 1 meter using both feet	Foundational Understanding	★★
Positioning	Maintains position during a mock game for 5 out of 7 minutes	Proficient	★★★★
Focus	Follows 4 out of 5 multi-step instructions correctly	Mastery	★★★★★ ★
Engagement	Actively participates in 90% of session's activities	Mastery	★★★★★ ★
Team Interaction	Actively communicates and collaborates with peers in drills	Proficient	★★★★
Understanding of Team Play	Demonstrates awareness of team dynamics (e.g., passing over solo play) in mock games	Proficient	★★★★



**Level** Intermediate

**Coach Notes** Work on forward defense and fitness

Proposed plan for the next three months:

## Month 1:

Work on forward defense

Focus on improving fitness

Technical Skills: 28/40

Physical Attributes: 29/40

## Month 2:

Continue working on forward defense

Implement tactical strategies

Technical Skills: 28/40

Physical Attributes: 29/40

## Month 3:

Refine forward defense techniques

Focus on individual player development

Technical Skills: 28/40

Physical Attributes: 29/40